



**One Day
HPE
Conference
2024**



***CELEBRATING
DIFFERENCE***

Friday 21st June

Murdoch University,
South Street

www.achperwa.org.au



ACHPERWA

Brought to you with support from our partners





A WARM WELCOME...

Welcome to the ACHPER WA One Day Health and Physical Education Conference 2024. It is with great pleasure and anticipation that we gather together to explore, discover, inspire and learn, as we delve into 'Celebrating Difference' within the HPE and recreation space.

Brought to you in partnership with Murdoch University, we aim to bring you the very best in research, new ideas and inspiration across the primary, secondary and inclusion sectors.

As educators, we hold the key to fostering environments where every student feels seen, valued, and empowered. Through our collective wisdom, experiences, and innovative approaches, we aim to create inclusive spaces to promote all facets of physical, mental, emotional and social wellbeing.

By gathering experts, specialists and thought leaders, we'll engage in enriching discussions, share best practices, and learn from the experts in the field. Together, let's embrace the beautiful tapestry of differences that make each of our students unique, and embark on a path towards holistic practice, health and inclusivity.

We are delighted that you are here to share in this experience, a perfect opportunity to top up your professional learning as the mid-year approaches.

Enjoy with our compliments.

The ACHPER WA Team



ABOUT ACHPER WA

ACHPER WA is a not-for-profit organisation representing professionals working in the areas of Health and Physical Education, Recreation, Outdoor Education and Sport Science and Education.

Our mission is to enhance the health and well-being of every West Australian by educating, advocating, and leading contemporary professional practice.

THE ACHPER WA TEAM



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2024 Conference Schedule

FRIDAY 21 JUNE

8:00-8:30am Registration

8:30-8:40am Welcome & Introductions

8:40 - 9:30am **Keynote speaker - Professor Beth Hands - University of Notre Dame:**
Women's Sport and Transgender Inclusion: The Counter Biological Argument.

9:40-10:30am **Elective Session 1**

Option 1: Genevieve McSparran - Murdoch University - Yulunga Traditional Aboriginal Games in PE

Option 2: Mark Lee - MLFC - Game-Based Coaching to Encourage Maximum Participation

MORNING TEA (PROVIDED)

10:55-11:45am **Elective Session 2**

Option 1: Emeritus Professor Bruce Elliott - ATAR Biomechanics and Striking: Tennis and Golf

Option 2: Jenelle Heard - Leeming SHS Education Support - All Abilities Physical Education

11:55-12:45pm **Elective Session 3**

Option 1: Department of Education - Kimberley Nimmo - Road Safety & Drug Education (RSDE) - Best Practice Alcohol and Other Drug Education

Option 2: Pierre-Julien Hamel - KIN-BALL - A Non-Traditional Action-Packed Sport

LUNCH (PROVIDED)

1:30-2:20pm **Elective Session 4**

Option 1: Amanda Derbyshire & Allison King - KIDDO - The University of WA - Let's Assess Fundamental Movement Skills

Option 2: Jack Rolfe - The Coaching Lab - Delivering AFL in Schools through Games

2:30-3:20pm **Elective Session 5**

Option 1: Delyse Clayden - Edith Cowan University - The Dactylic Use of UDL, Differentiation and Reasonable Adjustments for Young People with Disabilities in HPE

Option 2: Lyn Foreman (OAM) - Athletics Australia - How athletics transfers to other sports

EVENT CONCLUDES

KEYNOTE SPEAKER



Professor Beth Hands

PhD, MEd, Postgrad Dip Ed Studies, BSocWk, BEd
Adjunct Senior Research Fellow
Institute for Health Research
The University of Notre Dame Australia

KEYNOTE

Women's Sport and Transgender Inclusion: The Counter Biological Argument.

Biography

Professor Beth Hands has been involved in research involving children and adolescents for over three decades. Her particular passion relates to better understanding the health-related issues contributing to the involvement of children and adolescents in physical activity and sport. She has published in numerous peer-reviewed journals and authored the highly regarded Fundamental Movement Skills Teacher Resource and Play5 Teacher Manual. She is a long standing member and supporter of ACHPER, being a past President and a National Fellow. Her recent interest revolves around supporting the integrity of women's sport. Consequently along with colleagues Professor Helen Parker AM and Associate Professor Elizabeth Rose she has published 2 papers and a book on this issue titled Women's Sport and Transgender Inclusion: The Counter Biological Argument.

Keynote Overview

In this presentation, Professor Hands will expose how the disregard of fundamental, sex-based biology of athletes in favour of social gender identity creates unfair and unsafe competitions for females, which infringes their rights, and undermines the integrity of women's sport. Biological, sport science and endocrinological evidence will be provided to detail the sex-aligned biological differences in physique, physiological capabilities, and sporting performance, and the unique challenges associated with female biology. To conclude Professor Hands will present some possible solutions and examples from sports' participation policies that attempt to balance the competing priorities of fairness and safety with inclusion. It is critical that male and female biological differences are celebrated!

ELECTIVE SESSIONS



Genevieve McSporrان

Murdoch University

Session Overview

Yulunga Traditional Aboriginal Games in PE

Inclusive practices that encourage all students to become fully engaged in their learning start with a strength-based approach. This session includes implementing traditional Aboriginal and Torres Strait Islander games in to HPE lessons.

SUITABLE FOR PRIMARY & SECONDARY

SESSION 1 - 9:40AM

practical
session



Mark Lee

MLFC

Session Overview

Game-Based Coaching to encourage maximum participation

Maximise engagement and participation in your PE lessons with Mark Lee's game-based formula.

SUITABLE FOR PRIMARY & SECONDARY

SESSION 1 - 9:40AM

practical
session



Emeritus Professor Bruce Elliott

The University of WA

Session Overview

Biomechanics and Striking: Tennis and Golf

This session will explore the application of biomechanics in sports to enhance understanding for all students on the ATAR PES pathway.

SUITABLE FOR SECONDARY - ATAR

SESSION 2 - 10:55AM

theory
session

ELECTIVE SESSIONS

SESSION 2 - 10:55AM



Jenelle Heard

Leeming SHS - Education Support

Session Overview

All abilities Physical Education

Observe a Physical Education lesson being delivered to a class of students with a range of disabilities. With demonstrations and explanations of different strategies, teaching styles and resources that can be used to deliver an inclusive lesson to a range of diverse learning skills and abilities.

SUITABLE FOR PRIMARY & SECONDARY

practical
session

SESSION 3 - 11:55AM



GOVERNMENT OF
WESTERN AUSTRALIA

Kimberley Nimmo

Department of Education - Road Safety Drug Education

Session Overview

Best Practice Alcohol and Other Drug Education

The session will offer participants a comprehensive overview of best practices in alcohol and other drug (AOD) education, delving into emerging AOD issues. Attendees will gain insights into the range of free resources at their disposal and have the opportunity to experience our Virtual Reality AOD 2 lesson series designed for secondary students.

SECONDARY

theory
session

SESSION 3 - 11:55AM



PIERRE-JULIEN HAMEL

OMNIKIN & KINBALL

Session Overview

KIN-BALL: A Non-Traditional Action-Packed Sport

KIN-BALL is a game of no contact, no intimidation, no interference and no one left out. Every member of the team is involved in the continuous fun and action. Participants will be initiated into the sport and play different cooperative games.

SUITABLE FOR PRIMARY/LOWER SECONDARY

practical
session

ELECTIVE SESSIONS



AMANDA DERBYSHIRE & ALLISON KING

SESSION 4 - 1:30PM

practical session

KIDDO - The University of WA

Session Overview

Let's assess Fundamental Movement Skills

In this session you will get a first-hand experience of using the KIDDO online platform to run a FMS assessment and view the student data and school insights that are produced. It won't be all assessment though, we will add in a few of KIDDO's most popular instant activities.

PRIMARY



JACK ROLFE

SESSION 4 - 1:30PM

The Coaching Lab

practical session

Session Overview

Delivering AFL in the Schools Through Games

An all-new session from The Coaching Lab with brand new content, world-class insights and heaps of examples for staff to take away and implement.

PRIMARY & SECONDARY



Delyse Clayden

SESSION 5 - 2:30PM

Edith Cowan University

theory session

Session Overview

The dactylic use of UDL, differentiation and reasonable adjustments for young people with disabilities in HPE

This session will define reasonable adjustments and explain how UDL, differentiation and reasonable adjustments work together. We will explore responses to intervention, and individual education plans, and how the participants can change to a UDL mindset. Leave with an understanding of how to link reasonable adjustments and differentiation into an activity.

PRIMARY

ELECTIVE SESSIONS



Lyn Foreman (OAM)

Athletics Australia

Session Overview

How athletics transfers to other sports.

Join Lyn for a comprehensive dive into athletics and how to apply the transfer of learning across other activity areas. This session will provide lesson plans for all athletics events.

SUITABLE FOR PRIMARY & SECONDARY

SESSION 5 - 2:30PM

practical
session

Are you interested in presenting at our conferences?

Attention potential presenters! ACHPER WA invites you to showcase your expertise and contribute to the advancement of health, physical education, and recreation. We encourage all passionate individuals, educators, professionals, and researchers to submit an expression of interest to share your knowledge and insights with our vibrant community. Whether you have innovative teaching methods, cutting-edge research, or inspiring success stories to share, ACHPER WA provides a platform for you to engage with like-minded individuals and make a meaningful impact. Join us in promoting active lifestyles and well-being by submitting your expression of interest today!

EO@ACHPERWA.ORG.AU





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